

PLANNING COURS DE YOGA 2025-2026

LUNDI

Session 1	Session 2	Session 3
1/09	24/11	2/03
8/09	1/12	9/03
15/09	8/12	16/03
22/09	15/12	23/03
29/09	5/01	30/03
6/10	12/01	27/04
13/10	19/01	4/05
3/11	26/01	11/05
10/11	2/02	18/05
17/11	9/02	1/06

MARDI

Session 1	Session 2	Session 3
02/09	2/12	10/03
9/09	9/12	17/03
16/09	16/12	24/03
23/09	6/01	31/03
30/09	13/01	7/04
7/10	20/01	28/04
14/10	27/01	5/05
4/11	3/02	12/05
18/11	10/02	19/05
25/11	3/03	26/05

JEUDI

Session 1	Session 2	Session 3
4/09	27/11	5/03
11/09	4/12	12/03
12/09	11/12	19/03
25/09	18/12	26/03
2/10	8/01	02/04
9/10	15/01	9/04
16/10	22/01	30/04
6/11	29/01	7/05
13/11	5/02	21/05
20/11	12/02	28/05